

From the CEO with John Gilpin



John Gilpin

Hello everyone & welcome to our newsletter "The Independent".

We are looking forward to celebrating our 50th Anniversary at our Gala Ball Saturday the 26th of November.

When you open up our newsletter and hover over the Gala Ball picture you will be able to click it and you will be taken to another site where you can buy your tickets.

To all of our supporters I really hope to see you there.

I hope you enjoy reading this edition.

Best wishes and take care,

John.

St Michaels is celebrating its 50th Anniversary.

A Black and Gold Gala Ball

will be held on Saturday 26th November, 2016.

Come and enjoy the celebrations of 50 years with family and friends of the Association.

An event not to be missed.

Click the Picture to order tickets.



BLACK WITH A TOUCH OF GOLD

50th ANNIVERSARY

Gala Ball

Cost: \$100.00

When: Saturday 26th of November, 2016

Time: 6:30 for 7:00pm start

Where: Silks Restaurant at Mowbray

Dress: Formal with some Black and or Gold

Arrival Drinks ~ 3 Course meal



Entertainment: Rock 'n' Roll Music from SKOOTERZ

- Taiko Drummers • Silent Auction
- Open Auction • Raffle on the night

Plus much much more...



TAIKO DRUM

TASMANIA UNIVERSITY JOHN TAIKO SOCIETY

Advertisement

Tasmanian
Liberals

Peter Gutwein MP
Treasurer and Member for Bass

To contact Peter phone 6777 1007 or email: peter.gutwein@dpac.tas.gov.au

Authorised by: Sam McQuestin 2/24 Murray Street Hobart

The Chefs' Hat—Mr Lee Christmas

It has been an exciting few months with lots happening in the Merrington Kitchen.

There has been some fantastic engagement from our participants

meals and desserts on his own with guidance from me and these dishes have been met with favourable reviews from both other St Michaels participants and staff. Matthew has demon-

was encouraged by the overwhelming feedback from our guests at the AGM as to how both George and Jesse presented themselves and the quality of their food.

Our first 8 units Skills Set from Certificate II in Kitchen Operations training for existing workers is due to complete at the end of October 2016. Funded by Skills Tasmania (Skills Fund) this program has seen all of those involved embracing the program learning outcomes and as such we will have, not only a 100% completion rate but an enhanced Food Service Delivery focus within our organisation.

Other exciting news is that we will be soon commencing enrolments for our upcoming Kitchen Operations skill set which will be a 24 week kitchen based and practical work experience for job seekers wishing to gain skills in the hospitality sector. For all enquiries please contact either Chriss Kelly or myself.

I am looking forward to the final few months of 2016 where we will be looking to begin our

Kitchen Operations skill set for job seekers that will include the planning and preparation of our Christmas dinner celebrations.

Lee Christmas

Trainer, Chef and Food Handling Supervisor



over the past few months with the development of a structured participant engagement plan. Matthew Barnett has been working in the kitchen helping with the preparation of the Wednesday lunch service and assisting with meal production for Saturday Social Club. Matthew has shown a keen interest in kitchen operations and is always ready to tackle new tasks. Matthew has produced a number of

strated a flair and passion for cooking.

On a further encouraging note with regards to future kitchen operation participation, Jesse Glover and George Kearnes have both voluntarily participated on a regular basis in helping out in the kitchen for events such as the games night, Saturday social club and most recently in the preparation, presentation and service of the food and beverages at the St Michaels AGM. I



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Luke Salmon M: 0407 131 686
E: luke@salmonaccounting.com.au

Tuesday Night Gaming at St Michaels

In August we started the St Michaels GAMES AND ACTIVITY NIGHT. This happens every second Tuesday evening allowing participants to invite other people from their different activity areas they attend in their lives. The intention is to assist in developing skills in building friendships. To build friendships people need to become confident in inviting people from all

members to come along and join in as well; this helps to break down barriers at home.

Our gaming nights have already grown in size with many and varied people attending. Independent residents at St Michaels and those residing in group homes are intermingling with Youth from other support programs and interest has been sparked



aspects of their lives to join in other social activities in their free time. This will take time to meet the goals for the participant and their family members. We are encouraging family

far and wide. Where our original attendance numbers just peaked at 20 people we now have consistent numbers around the mid 30's.

Skill ranges are emerg-



ing with those of greater skill mentoring and encouraging those who are learning the games who are not so skilled in electronic areas. A lot of smiles and banter are happening around this information sharing.

great to see that the staff are dedicated to get this night off the ground but it is also rewarding to see staff getting so much enjoyment out of it themselves and engaging with those attending.

Of course this evening would not happen if our staff didn't volunteer some of their time but more importantly they are bringing along their own tv's and games. It is

If anyone would like to donate older flat screen tv's or any games they would be gratefully accepted, as well as people coming along to see what we are doing. Participants are anxious to get the night going and arrive early to help Phil set up the rooms for the activities.

It starts at 5.00 and is meant to finish at 8.30 however we always seem to go over time as people are reluctant to leave.

Donald Richards
Disability Manager –
Participants and Clients



Independent Services

For the past few months the weather has played havoc with Community Programs in the outdoors. Bike Centre was cancelled on several occasions however there are three dates that will be retrieved: 10th, 17th, 24th of October. This has been a very popular program with 17 participants enrolled to attend and they are now looking forward to Fishing in November. Flying was a

new program for the winter months and will now be replaced with Tennis at the Casino. Wednesday Arvo Sports will finish the year playing Basketball and hopefully there will be an inter campus game in the near future.

The Monday and Tuesday Craft groups have finished their Launceston Show projects. Monday being a Mock High Tea made from felt,

sponge and recycled materials, Tuesday we presented these mock homemade cakes.

The 3 Cooking groups have made Myrtus berry jam, Apricot jam and Blood orange marmalade as well as the Sewing group have finished a babies cot quilt.

It has been a very busy year and the time has flown, it is quite clear that once Winter months have left us, the

end of the year looms up very quickly.

Dates to remember for the City Campus: the last day for the participants will be 9th of December and the office will close 23rd December reopening Monday 30th 2017 at 8.30 am.

Amanda Mallet
Team Leader

Karen Watson
Day Service Manager

Flying Program 2016

As the season for our Flying Program draws to a close and we look back at a great start to this winter program. We all had a good time with the kites early in the season and with the recent addition of a large steerable kite, we are certainly looking forward to next winter.

One of the most popular activities in the flying program has been the launching of our rockets. These are powered

by water and compressed air which drives the rockets to surprising distances.

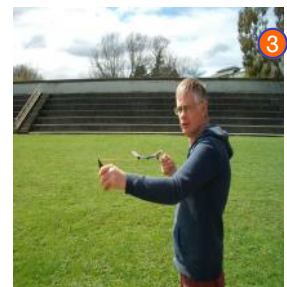


All of our activities during the program are carefully measured and recorded in the Flying Logbook. This has been a very interesting process and both our literacy and numeracy has improved over the season.

The days which are unsuitable for operating outdoors have been spent at the Newstead campus. The morning begins in the Merrington Centre art room where

we have assembled and painted aircraft models. Following this we move up to the hall where we play propeller golf and where everyone has had some time learning to fly the radio controlled helicopter.

Some notable achievements this year have been recorded in the Logbook. The maximum distance recorded for the Rockets was by Suzanne Rigby with 47 meters. The longest distance with the long range glider was by Mathew French with 32 meters and the lowest score in the Frisbee golf was Nick Britton. Aron Blake made excellent progress during the



program and ultimately managed to launch the Rocket independently.

Well done to all of the participants in the Flying Program for their willingness to help each other meet the challenges of this program. We all had a lot of fun each Wednesday morning during the Winter.

Amanda Mallet
Team Leader –
Independent Services

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At Merton House

Merton House would like to thank Nathan Avery Team Leader of Kenneth Court for inviting and supporting Ashley Davenport to go to the circus on Sunday the 25/09/2016, by all reports he had a fantastic day.

As the weather has been getting better Merton House has found itself out on the road taking drives to look around and enjoy some nice lunches at such places as Greens Beach, Longford, Deloraine, Beauty Point, also enjoying some evening drives up to the hills to see the lights of the city and

along the river to admire the scenery. Some of our evening events have been nice walks to the park to kick a footy, fish and chips up at Riverside and a BBQ dinner at the Tailrace Park.

Merton House would like to thank all those who plan, organise and run the Games Night on each second Tuesday Night and the Social Night held each Saturday night as a number of our residents go to both of them and always have a good night attending them. We appreciate all the hard work that it takes to co-ordinate these evenings.

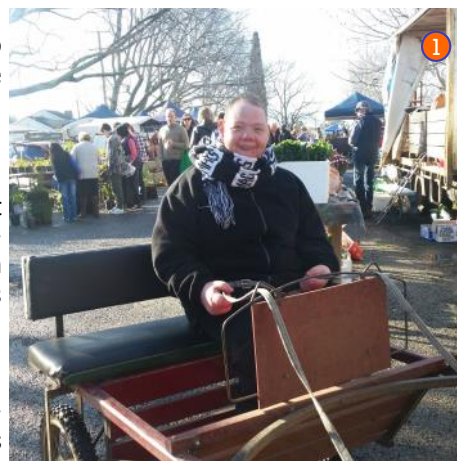
Merton House would like to thank Lee Christmas for taking his time to meet with us to discuss helping us develop a new Seasonal Menu Planning and Shopping process. We are excited about the challenge and educational benefits to have more variety and choice with in our menus.

Last but not least we celebrated Logan Hefford's Birthday with an evening supper and enjoyed having visitors

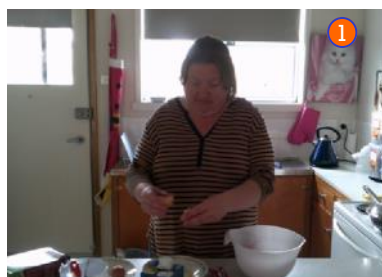
from both Como Cres and Desmond Wood came over to help us celebrate Logan's special Day.

Mitch Stoddart

Team Leader—Merton House



In Home Tenancy Support



Well, it's been a busy couple of months getting to know staff and participants. One of the first things I have discovered is that our participants certainly love to cook! A few of the participants have been cooking up a storm lately and they are certainly quite handy with the ingredients and kitchen utensils. As you can see we have a few budding "MasterChefs" here at St Michaels.

The participants have also been embracing the end of footy season and getting stuck into a little spring cleaning ready for the warmer times ahead.

We have also had a couple of birthdays celebrated – congratulations to Julian Quarrell and Louise Rowbottom.

I would also like to thank everyone for their patience with our wonderful team. Unfortunately we have had quite a bit of sickness which has resulted in some last minute changes with staff. But with patience and working together, along with our Roster Coordinator's wonderful assistance, we got there in the end.

I am looking forward to the warmer weather continuing to roll in and our participants getting out and about in the community.



Theresa Roser got a head start recently on the fitness equipment out at Hadspen, so she's set the benchmark for us. Happy Spring.

Pam Ivanics

Team Leader - In Home Tenancy Support



At Penquite Road

Penquite Rd has celebrated Kathy's birthday this week with a BBQ and the company of the Kenneth Court gang. Happy Birthday to you!

We have been enjoying these beautiful sunny days by having BBQ's in the yard, shooting hoops with the basketball and lovely walks in the park.

The guys have been trying new culinary tastes of the world from Louise's trip away to Europe. Lots of weekend outings for walks at Evandale, Beauty Point, Lillydale, Longford and Cressy.

Many fun nights have been had at the St Michaels Social Club



with music and dancing. We look forward to the summer days and

enjoying more outdoor activities.

Louise Frankcombe
Team Leader-Penquite Road

At Kenneth Court

In the last 2 months Kenneth court has been involved in different activities with Nick going to Sydney to catch up with old friends, Val going to Scamander to spend time with her

sister and to celebrate her birthday.

Recently all Kenneth Court participants plus 1 from Merton House went and experienced the circus. It was Nick's first time seeing a circus and he was extremely happy enjoying the show with all the different performances. Stephen enjoyed watching the terrifying motorbike cage where as Andrew was mesmerized by the dancing music and fantastic costumes. Val soaked in all the atmosphere and could not fault any part of the show, a great event.

Afterwards all enjoyed lunch at the seaport where they all

chose from the menu what they wanted and washed down with a delicious hot chocolate.

Val, Andrew, Nick and Stephen have been increasing their life skills feeling more and more confident in doing daily household duties. Nick has been enjoying the football on television especially the finals, getting up and singing the national anthem while the footy teams sang on the television, with extreme pride.

Val has been working hard in the garden to maintain the veggies, looking forward to eating food she herself grew.



All in all a brilliant two months and looking forward to the next two alongside the staff at Kenneth court.

Nathan Avery

Team Leader-Kenneth Court



At Como Crescent

The group recently visited Trowunna Wildlife Park at Mole Creek. This is a sanctuary where visitors learn about various species of native flora and fauna, and the importance of education and conservation. The group said they had a new appreciation for the role all living creatures have in our delicate ecosystems.

In addition to the informative tour, we especially enjoyed the close encounters meeting and patting kanga-

roos and wombats. We also enjoyed an entertaining, ferocious and noisy devil feeding.

We are all looking forward to Spring and the weather improving so

we can get out into the garden and get more involved in outdoor activities.

Ben Anderson

Team Leader-Como Crescent



St Michaels - Call for memberships

St Michaels Association Inc. has been serving the Tasmanian Community for over 49 years through the provision of care and accommodation services to those living with an intellectual and or physical disability. St Michaels is now calling for new members to join this innovative and trusted organisation.

There are 2 types of Memberships that are available including;

Member - full voting rights, cost \$25 pa.

Associate - non voting rights, cost \$10 pa.

Other benefits of being a St Michaels Association Member include invitations to St Michaels AGM and functions, personalised calendars and being on the mailing list of the bi



monthly newsletter, The Independent.

If you would like to become a Member of St

Michaels Association please contact John Gilpin for a membership form on 6331 7651.

Contact John Gilpin today for your St Michaels membership form.

At Desmond Wood—Student Accom

What a busy couple of months we have had in Student Accommodation.

We have enjoyed many community activities but I think the favourite has been Junction Art Festival. Students spent a great night dancing enjoying the company of the masses who were attending at the Princess Square. The smiles on their faces are proof



enough. What a great festival and we will definitely be attending again next year.

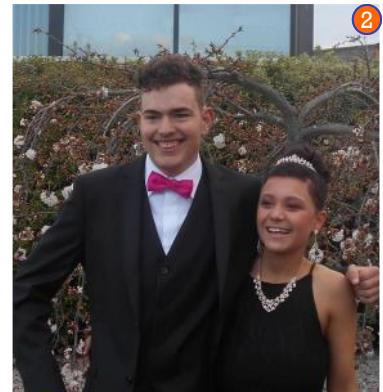
Also in the last couple of months we have celebrated birthdays.

Alex McCulloch turned 14 and George Kearnes recently celebrated his 18th. We all enjoyed being able to help these young men celebrate their birthdays. Josh Davis is turning 14 as well in September and

we will share a cake when he returns after school holidays.

George and Shereena also enjoyed their final school Ball this month. I was fortunate enough to be able to help them get ready and see them drive off for their evening. They both looked stunning and it was a very proud moment for us all. They had a fantastic evening George said that "food was great" Shereena had very sore feet from all the dancing.

Student Accom are now preparing for the final term of school and then Christmas celebrations

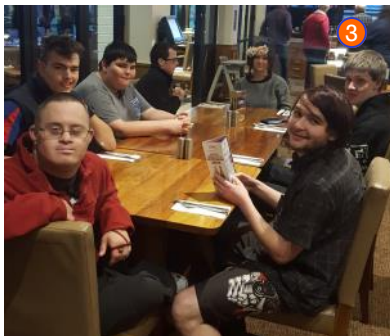


as that is just around the corner.

I look forward to sharing more of what is happening in our area next time with you all.

Megan Thomas

Team Leader— Desmond Wood



At Youth break

The last couple of months has seen youth break be able to get out and enjoy some great events.

The Junction Art Festival was a favourite and participants just wanted to enjoy it as much as possible.

We enjoyed a game of giant twister which saw Dean Colvin get tangled and fall over taking Courtney with him.

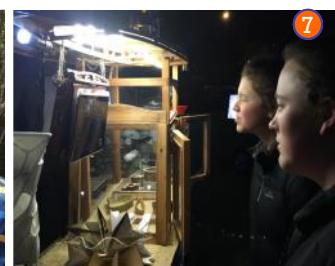
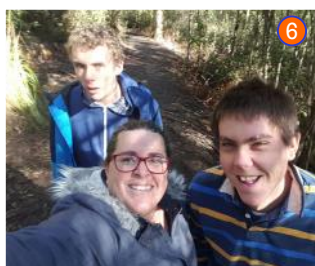
The nicer weather has also seen a return to fishing. This is a great activity as it involves planning a trip to purchase bait, also planning what to have for lunch while trying to catch the big one. It also enabled us to visit many different and wonderful spots: be it Clarence Point, Beauty Point, Windermere or many other spots.

We have also enjoyed the museum exhibits about the time before dinosaurs. Jennifer and participants become enthralled in searching for

artefacts and learning about this era. It was a great exhibit and we also then got to explore the museum more and try the outdoor activities.

Megan Thomas

Team Leader— Desmond Wood



St Michaels Annual General Meeting 2016

The St Michaels **Annual General Meeting** was held on Thursday 29th September 2016 from 6:00pm in the Merrington Centre.

We welcomed the following appointments and Board members to the 2016-2017 year.



Colin Foon
President



Margot Malik
Vice President



Keith Watson
Treasurer
Board Members



Glen Cornish



Brian Dunham



Jill Cooper



Michael Higgins



John Byrne



Simone Woodruff

The Annual Report was presented and discussed. John Gilpin (CEO) reviewed the year for all present, we farewelled Therese von Samorzewski, after 10+ years of dedication service to the Board and as Chairperson.

Colin Foon was elected to the role of President, Margot Malik to Vice President and Keith Watson to Treasurer. We welcome Margot Malik as a Board member for the first time and welcome her engagement and participation with thanks.

We are very excited about the coming year and are proud with the progress we are making here at St Michaels Association, in enhancing the lives of people living with disability.

Thank you to Lee Christmas and his team for the catering.

John Schade

Disability Manager - Operations

Kentish "Inspire Fest" Entries

Emma Malouf, Damian Colpo and Geoffrey Archer all presented work at the recent Kentish "Inspire Fest" Competition in Sheffield. Emma was awarded a Judges Encouragement award. Her lino-print, which sold at the event was that of a Tasmanian Tiger.

This print captured the mysteriousness of the animal and the intriguing story of their possible survival. The Judge, Head of the Arts Centre Burnie said Emma, Damian and Geoff's prints will now all tour with the exhibition.



St Michaels Assets - Update

During this last month we have been quite busy completing over 108 general maintenance tasks along with additional cleaning, weeding, spraying, grounds maintenance including road sealing that has been completed around our site including behind the Merrington centre.

Our RTO office upgrade within the Merrington centre has also been completed further enhancing our ability to offer training within the sector. The office is now jointly shared by Chris Kelly and Lee Christmas. This will provide extra work space for preparation and marking of student training material. With the now added advantage of our own training room, I expect great things will come of this!

Mr Peter Smith has been active in setting up the computer network within STMA where now all the new computers are able to access the internet as well as our staff being able to log onto our own

system for email notices, memos and general information.

Our vehicle fleet has once again provided our facility with reliable transport with the only minor exception being the Ford Transit being out of action for three days with a fuel related

issue. Being vigilant and addressing potential problems as they surface will help ensure that our vehicles will continue to be reliable, safe and maintaining the premium resale value that we would expect.



Special mention this month goes to Greg Cooper who works tirelessly around the grounds helping the asset team as a volunteer groundsman. Greg can often be seen pushing a wheelbarrow or pushing a broom helping keep the grounds beautiful – thank you Greg.

Paul Westgarth
Asset Supervisor

At a glance

St Michaels Association Inc. is a not-for-profit non-government organisation providing accommodation and support to people with intellectual and physical disabilities for over 50 years.

The vision of St Michaels is to *develop independence through maximising the individual quali-*

ties of Tasmanians living with a disability.

Our Mission is to *support the physical and emotional needs of our clients and their families through the provision of personalised care programs, training and a variety of accommodation services*

St Michaels relies heavily

on grants, local community support, donations and fund raising to meet our clients needs.

All proceeds received are redistributed back into the St Michaels Association Inc. community.

If you feel you would like to make a donation, please complete the

form **see page 15** and forward it to

John.Schade@stmichaels.asn.au or post it to PO Box 306 Newstead, Tas. 7250

Thanking you for your consideration.

Community Access - Update

What a busy couple of months we have had.

Groups of participants went to 'Sailability' and enjoyed mornings on the water taking up the challenge of the wind.

Golf on the range has been a great hit with participants enjoying the challenge of striking a small white ball. The lack of sunny days has been a challenge though.

Bike riding has also been enjoyed by participants at the local bike centre with an emphasis on learning the rules of the road.

Participants continue to enjoy croquet on sunny days. Always great to see a bit of competition here.

Monday afternoon is the drumming session, where a group grooves to the beat. This has proved to be a most popular session with participants really getting involved.

In Day Program we have had a lot of illness with both participants and staff. I would like to thank the staff for stepping up and making everyone's day who came to the centre a great one.

I would also like to thank the St. Michaels family for making me feel welcome and helping me get to know how everything works. It's great to be here. I'm hoping to meet families soon.

Kerry Lindsay

Team Leader -Day Program



Sensory Room—Merrington Centre



In Early August John Gilpin invited guests and volunteers, staff and participants, along with CGVT Guests to officially open the new Sensory Room in the Merrington Centre.

We would like to take this opportunity to thank CGVT—the Organisation responsible for this initiative, and we are proud to be the recipients of such a wonderful and innovative creation for our Participants here at St Michaels Association.

OTInnovations.com state that the term

"Sensory Room" is an umbrella term used to categorize a broad variety of therapeutic spaces specifically designed and utilized to promote self-organization and positive change. There are multiple types of sensory rooms and purposes for use that have been created and implemented in different practice areas to date. When used appropriately, sensory rooms:

- Help to create a safe space
- Facilitate the therapeutic alliance
- Provide opportunity

ties for engagement in prevention and crisis de-escalation strategies, as well as a host of other therapeutic exchanges (to teach skills, offer a variety of therapeutic activities, etc.)

- Promote self-care/self-nurturance and resilience

During the morning tea, guests were invited to engage in all the sensory activities the room offers. Interactive picture walls with felt animals and nature items, Blackboards, and floor

items all in bright and vibrant tones, the variety of textures and activities brought smiles to all present as they moved around and engaged in 'play'.

We look forward to seeing the benefits of the Sensory Room in action for many years to come and have been delighted with the outcomes in the short period of time it has been open to engagement from our participants in the Day Program.

Healthy Lifestyle Recipes



Sausage Pasta Bake

INGREDIENTS

1 tbsp olive oil
1 onion, diced

2 garlic cloves, chopped

8 thick pork sausages,
skin removed, meat
crumbled

4 0 0 g t i n
chopped tomatoes

300ml vegetable stock

50g/butter

50g plain flour

500ml milk

400g penne pasta

salt and pepper

METHOD

1. Preheat the oven to 200C/180C Fan
2. Heat a large frying pan over a medium heat. Add the oil and gently cook the onion with a pinch of salt for 4-5 minutes or until soft and translucent. Add the garlic and continue to cook for 2 minutes.

3. Crumble in the sausage meat and fry until coloured on all sides. Add the tomatoes and vegetable stock, season with a pinch of salt and pepper and turn down the heat. Gently simmer for 10 minutes while you make the white sauce.

4. Melt the butter in a saucepan. Add the flour and stir to mix. Cook over a medium heat for 2-3 minutes, or until the mixture has taken on a biscuit-coloured appearance. Slowly add the milk, bit by bit, whisking as you add to prevent any lumps from forming. Season with salt and pepper and bring to a simmer. Cook for 5 minutes to thicken slightly then remove from the heat.

5. Meanwhile cook the penne in a pan of salted boiling water according to the packet instructions. Once cooked, drain and pour into the pan with the sausage and tomato mixture. Mix well. Pour this into a medium-sized ovenproof baking dish. Pour over the white sauce and bake for 15-20 minutes, or until bubbling and golden.



Throw Together Banoffee Pie

INGREDIENTS

300g/ oat or ginger
biscuits
60g butter

450g Tin of Caramel To
-n-fill

3 large ripe bananas,
peeled, sliced

350ml double cream

1 tbsp icing sugar

100g dark chocolate,
grated, to serve

1. Place the biscuits into a freezer bag and crush using a rolling pin until they resemble breadcrumbs.

2. Melt the butter in a small saucepan over a low to medium heat.

3. Mix together the crushed biscuits and melted butter in a bowl until well combined. Spoon the mixture into the bottom of a tart tin and press down to form an even layer.

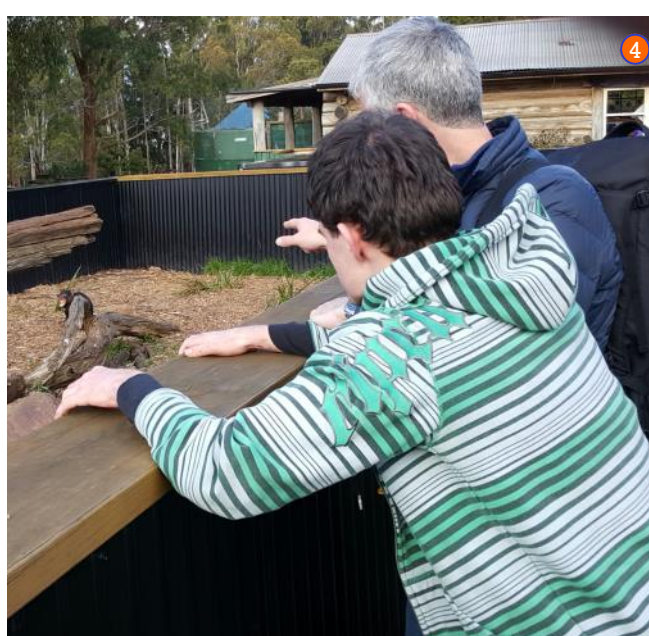
4. Spread the Caramel Top'n'Fill evenly over the biscuit base.

5. Arrange the sliced bananas in an even layer on top of the Caramel Top'n'Fill. Cover the tart tin with cling film and chill in the fridge for one hour.

6. When the banoffee base has chilled, whip the cream and icing sugar until soft peaks form when the whisk is removed. Spread the whipped cream over the bananas.

7. Just before serving, sprinkle over the grated chocolate.

Things we do...



Would you like a copy of a photo? **See P15** for details

Photos

Yes, I would like to purchase copy of a photo/s (please indicate page number, caption details, size and how many copies)

☐ 6x4" = \$2 No. of copies..... Page Number..... Photo ID Number.....

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Cash in person at St Michaels Association office, 22 Hoblers Bridge Road or by EFTPOS Ph. 6331 7651

Electronically BSB 017042 Account Number: 002398139 or

byCheque/Money order made payable to St Michaels Association Inc. or

Credit Card ☐ Visa ☐ Mastercard Card Number

Expiry Date:

Card Holder: Signature.....

Details

Mr/Mrs/Ms/Miss First Name..... Surname.....

Address..... Suburb..... Postcode.....

Donations

Tax Tip

"even a \$2 donation can be used as a tax deduction!"

Yes, I would like to make a tax deductible gift to St Michaels Association Inc.

☐ \$5 ☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ \$1000 ☐ \$2500 ☐ \$5000 ☐ Other.....

☐ 1 time contribution

☐ Ongoing contribution ☐ Monthly x months ☐ Quarterly x years ☐ Annual x years

Payment options

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Cheque/Money order made payable to St Michaels Association Inc. or

Credit Card ☐ Visa ☐ Mastercard Card Number

Expiry Date:

Card Holder: Signature.....

☐ Yes, please contact me to discuss other ways I may be able to help St Michaels Association

Details

Mr/Mrs/Ms/Miss First Name..... Surname.....

Address..... Suburb..... Postcode.....

Phone:..... Mobile:..... Email:.....

Services offered at St Michaels - All NDIA Registered Supports

Community Access - participate in community, social and civic activities

The program incorporates support to enable a participant to independently engage in community, social and recreational activities during the week and operates from 9 to 3 pm Monday to Friday from our City and Hobblers Bridge Road Campuses.

Merton House - (transitional housing) assistance with daily life tasks in a group or shared living arrangement

Support incorporates assistance with and /or supervising tasks of daily life in a shared living environment, which is either temporary or ongoing, with a focus on developing the skills of each individual to live as autonomously as possible. The support is based on the needs and goals of the individual. This program operates from our transitional accommodation facility from 3.00 pm to 9.00 am Monday to Friday and 24 hours Saturday and Sunday.

In Home Tenancy Support - assistance with self-care activities.

Supports provide assistance with and/or supervising, personal tasks of daily life to develop skills of the participant to live as autonomously as possible. This program operates 7 days per week.

Group Homes - shared accommoda-

tion Services

Currently there are 3 group homes located in the broader community. Services provided incorporate assisting with and or supervising tasks of daily life to develop the skills of an individual with either low standard support or high needs to live autonomously as possible. This program operates 7 days per week.

Student Accommodation - short term accommodation

This program is for students from remote areas. Services provided include integrated support for self-care, accommodation, food & activities for short periods. Program operates from Sunday evening to Friday morning during school terms.

Youthbreak - (respite accommodation)

This program is a respite program provided to young people from the ages of 15-25 and operates out of the Desmond Wood Complex from 4 pm Friday to 4 pm Sunday. Please some condition apply for eligibility.

Individual Support - 1 on 1 support

This type of support is specific to the needs of the individual, and may include enabling a participant to independently engage in community, social and recreational activities, personal care, educational assistance, living and life skills. Support can be provided 24/7 365 days per year and can be

delivered in home or at St Michaels.

Social Club

Social Club is held in the Merrington Centre at St Michaels every Saturday Night from 6.00 pm to 9.30 pm. This is a time for clients to get together for a meal, socialise and engage in leisure activities of their choice such as card or board games, singing, dancing or enjoying a footy match on TV with a friend.

Independent Living Units

The 44 Independent Living Units are currently fully occupied with a tenant/landlord agreement in place. The units provide independent living in a safe, supported environment. The units are more suited to clients with higher skills, requiring minimal assistance and can incorporate assistance with self-care activities (see In Home Tenancy Support).

Please note there is a specific criteria that is required to be eligible for this service.

Please contact Donald Richards on 6331 7651

Registered Training Organisation (60067)

St Michaels is a Skills Tasmania Endorsed RTO providing accredited training for Tasmanians with a disability.

On-the job traineeships, Workplace based skills sets and classroom based training in Certificate I and II in Warehousing Operations, Certificate I in Agri-Food Operations and Certificate II in Horticulture are delivered across the state in various locations.

Any Training or Student enquiries please contact Chriss Kelly on 6331 7651

Details

The Independent will be distributed electronically on a bi-monthly basis.

General Display and Classified Display Advertising space is available if you would like to advertise your business.

Please contact John Schade on 6331 7651

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