

From the CEO with John Gilpin



John Gilpin

Welcome to our autumn edition of our gazette "The Independent".

It is not often that I open up our newsletter highlighting how we do little extras for our participants who we support during their journey to independence. It is not the St Michaels way, but with the introduction of the NDIS we may need to clearly describe and articulate the additional extras we try and achieve for our participants. We deliver programs that the State fund us for and we deliver models of service that the National Disability Insurance Scheme (NDIS) require us to do for NDIS participants but what we do because of what we believe in assisting Tasmanians are highlighted by the two following examples.

Example 1,
We have four people

living in supported accommodation who after rent, food and transport have little funds left to participate in the community. Understanding this impact to their personal spending money St Michaels went about sourcing a solar solution for their energy consumption which will see at least a \$100 (more in summer) per participant per account less in their electricity cost which will allow them additional funds to participate in everyday activities previously denied by increased living costs.

Example 2,
Our participants enjoy their artwork in many different forms and in many different locations. Recently Donald Richards and a team of volunteers held an art auction for a dozen or more budding artists displaying nearly 50 paintings. The night was an amazing success where the budding artists sold their stunning artwork with many thousands of dollars raised on the night going back to that artist. One artist may have only received \$50 for their painting while others may have sold their paintings for hundreds; however that was not the point. For the participants (artists), St



Michaels had created for Disabled Tasmanians a place, a purpose & an outcome for what may happen while socialising and participating in learning programs that may one day lead to an income source or a purpose on why we attend programs funded by the National Disability Insurance Scheme (NDIS)

On another positive note for the Association is the appointment of Grayson Genders to our Board. As we are closer to realising a fully skills based Board Grayson's marketing and promotional skills will finally fill a void that the Association has had for a very long time. The management team are excited to be working with Grayson as St Michaels' transitions into an open market with the NDIS and how St Michaels does more than what the NDIS expect.

A final example of St Michaels looking further

than just the NDIS is the engagement of an accredited Kitchen Operations Program for an inaugural group of Tasmanians with a disability in gaining a nationally accredited set of skills that will hopefully lead to employment, (See details within for the full story).

As our programs assist people on their journey a participant will move from program to program, service provider to service provider, so with that said we have a few vacancies for supported accommodation that may assist in a participants' journey to live in their own independent unit one day. If this is your goal then just give us a call for a chat.

As you can see there is a lot to read about in this edition, so happy reading!

Best wishes & take care
John



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Peter Gutwein MP

Treasurer and Member for Bass

To contact Peter phone 6777 1007 or email: peter.gutwein@dpac.tas.gov.au

Authorised by: Sam McQuestin 2/24 Murray Street Hobart

New Board Member

At our last Board meeting we were pleased to welcome our newest Board Member Grayson Genders. He brings significant experience in brand and marketing to the team.

Grayson has a degree in Political Science and Public Policy from the University of Tasmania. He has worked with several members of Federal Parliament as an electoral officer, including several back benchers and in a ministerial office. In 2005 he started with Tas Gas in their marketing & connections team and later worked as their commercial development coordinator.

In 2011 he accepted the role of Commercial

Marketing Manager with St Lukes, here he worked to develop new strategic marketing approaches. His work has included rebranding, developing and running new advertising campaigns, and innovating in digital mediums. He has planned, organised and coordinated many campaigns, including the "Get the Glow" campaign and the "We're Just Warming up" campaign with Justin Schofield from Master Chef.

Grayson in his spare time enjoys running, mountain bike riding, golf and photography.

We thank him for volunteering his time and look forward to working with him.



Mind the Gap / Kitchen Operations

Mind the Gap/Kitchen Operations students were invited to an end of course High Tea celebration at the Mantra Charles. This was an opportunity for all to celebrate the completion of the course and to experience a High Tea which included a range of sandwich styles and presentations that are part of their final unit of competency that is Prepare and Present sandwiches.

Over the past 6 months these young adults have received training in Kitchen Operations including Matthew Barnett, Matthew Reeves, Jacquie Spencer, Glenn Patterson, Selby Krushka, George Kearnes and Aaron Watts.

Chef and Food Handling Supervisor/Trainer & Assessor Lee Christmas commented that it has been a pleasure to watch all of the students grow on many levels both personal and in skills knowledge. As the course progressed each student worked hard toward achieving the goal of completing their statement of attainment in Certificate II in Kitchen Operation. Lee Christmas commented that although some may choose a different path to hospitality he did see within all of the students a drive to complete the course successfully.

Lee Christmas commented it has been an honour to be the trainer of these fine young adults and along this



journey the students have also taught him many things mainly that with commitment, passion and hard work you can achieve whatever you set your mind too.

Well done to all the students involved.

Lee Christmas
Chef and Food Handling
Supervisor/Trainer &
Assessor

Independent Services - Community Access

March and April have been the public holiday months and lucky for us the weather remained warm as an Indian summer.

This benefited the gardens with a final growth period before the last harvesting of tomatoes, peas and beans as well as silver beet. Dried herbs were ground up with a mortar and pestle including rosemary, marjoram, oregano which we store in jars.

Prior to Easter the Craft Groups were busy making and decorating a styrofoam egg head, a bunny cone full of small chocolate eggs and an egg cup on a lily pad. The cooking groups made hot cross scones and the Art participants made bunny footprints that were left all around the premises.

The Sewing group finished off their summer outfits they had been hoping to have a few wears out of before the cold set in. People attending the Budgeting session developed a Good Friday menu from the catalogues, adding up the pricing of their items then subtracted this amount from \$50.00 and identifying how much change they would receive.

The community activities are all well attended. Seasonal changes that are now in place are Fishing and Tennis which finished at the end of April swapping to the Bike Centre and Flying which started 2 May 2017.
Mandy Mallett, Team Leader

For more information on any of our activities please contact Mandy Mallett on 6331 4180



Merton House - Transitional Accommodation

It's been another very busy time for Merton House, focussing on assisting three new residents, Skye, Jayden and Benjamin. It is exciting to see each of them settling into semi independent living.

We also welcomed five new staff members Suzie Blake, Juanita Hack, Robbie Crow, Wade Harding & Chris Laws to the team. It is so great to have them on board as they bring enthusiasm and energy that has already contributed so much to Merton House.

Over the last few months we have been working hard to develop good working partnerships with other service providers and co-ordinators of supports for our participants.

Participants attended a number of social events such as Games Night and Social Night. Merton House has been increasing its visibility and identity as a very social house.

We have focused on activities to strengthen and develop participant's skills base and life skills, ensuring that each activity whilst having an element of fun has a purpose and a goal in mind.

Still not being a group to sit around and wait for life to happen we have been out chasing it including BBQ's at places such as Trevallyn, Windsor Park, Myrtle Park, Beauty Point and Cressy. Day trips to Mt Barrow, Latrobe, Evandale, George Town, Waverly Park, Greens Beach, De-



Ioraine, Longford, Gravely Beach, and Beaconsfield to name a few.

Another great outing was when Luke, Ben and Skye went to AG-FEST for the day.

Some of our evening activities have included swimming, trampolining, shopping trips and evening walks around the neighbourhood,



Brady's Lookout, Tailrace, The Gorge and Prospect Park.

Throughout this very busy time we have been challenged by change, but we have still taken the time to celebrate each person's journey and achievements.

Mitch Stoddart, Team Leader

Como Crescent - Supported Accommodation

A few weeks ago, the residents gathered with some friends to celebrate Aron's birthday, a happy occasion involving lots of music, dancing, cake and happy faces.

In the vegetable garden, the group removed the old sweetcorn and bean crops, and in their place planted the winter vegetables. They have also begun a compost heap, returning the nutrients and energy from kitchen waste back into the soil. Gardening has been a great hands-on teaching tool which shows what we achieve when we exercise responsibility, patience and our caring qualities, while also providing a

sense of accomplishment and a source of healthy food. We discuss these skills and how they can be applied in other areas of life. Many thanks to Tammy for her extra help with everything gardening related.

Other outings the group have enjoyed include Low Head for a Sunday picnic, Bridport foreshore to visit the new playground, Beauty Point, Greens Beach, Grindelwald Market, and Bridestowe Lavender Estate.



Vacancy - 1 brm see p10 for details

Art Auction-Day Program - Community Access

The centre has had an exciting time this month with an Art Auction being held, showcasing our participants fantastic art work. There were 13 exhibitors with 49 artworks. A silent auction was held during the event with all proceeds going back to the artist. The evening was a great success, with our kitchen students making sandwiches and serving tea and coffee on the night. They all presented well and produced a commendable supper. I would like to thank everyone who attended, those that brought art pieces and supported this wonderful evening.

On a sad note we farewellled our Chef Lee Christmas this month. Lee is moving on to another chapter in his life,

we wish him well for his future.

This means our Tuesday lunches will be put on hold for now. Instead the participants will be preparing homemade soup and damper each Wednesday. For participants who aren't in the cooking program the cost for the lunch will be \$5.

We are also re introducing Ten Pin Bowling back into the program on a Friday. This is an old favourite has been well supported previously.

I hope you all enjoy the Autumn months and have fun with our new programs.

Kerry Lindsay, Team Leader



Desmond Wood - Transitional Accommodation

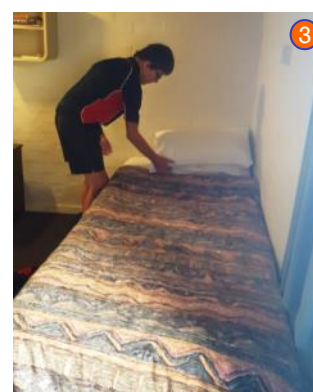
Students in the Desmond Wood accommodation program have been enjoying taking part in the running of the games night every fortnight. The participants have been helping build the menu for each night and also to help with the cooking, cleaning and setting up of the games. This event has enabled students to build better relationships with others from various group homes and also those that come in just for the evening. This program enables students to also interact with staff in a different manner. I have thoroughly enjoyed being a part of this evening, seeing all the participants having fun and working with great support staff including Phil Southon and Donald Richards in

developing such a great event.

Students have also been working together to enjoy special theme nights. Recently we had a Mexican night where we enjoyed all sorts of Mexican food and ended the evening with a number of card games.

Alex has been working hard on his living skills and has now mastered making his bed with minimal or no assistance. This is a great improvement for Alex and I look forward to seeing what he can achieve in the coming months.

Megan Thomas, Team Leader



Penquite Rd - Supported Accommodation

Hello from Penquite.

Kathy and Robyn have been busy cooking biscuits for morning tea for all the house members.

For the last four weeks the house participants have enjoyed going out for day trips to Low Head light house, Mount Direction Semaphore Station, Georgetown foreshore and the West Tamar River region.

Participants are preparing for the cold winter months, new warm bedding and clothes have been picked out and purchased.

Weekly activities are being chosen by house members including a planned weekly movie night, with healthy interval of soda stream drinks, popcorn, cheese and fruit platter guaranteed to get the full at-

tendance of the participants.

On Saturday, May 28 the participants have planned a day trip to go to the Cinema. Everyone is excited and can't wait to go.

Other planned adventures include a trip to the Don River Railway.

Participants are working hard to keep their home clean and tidy. All staff are enjoying their time and are being made welcome by the residents when coming to do their shift.

Everyone in the house has had their flu shots ready for the colder months ahead.

Ade Doyle, Team Leader

Vacancy - 1 brm see p10 for details



In Home Tenancy - Personal Support

The In Home Tenancy Support Team have been working alongside our participants reviewing and updating their Person Centre Plans. This includes things like how to improve communication and goal setting. We are working through the plan side by side, discussing participants dreams and goals. We then make a step by step plan on how we can achieve their goals. This gives us a great opportunity to learn more about our participants and grow with them.

The Cross Roads Camp was a complete success. Our participants are still talking about it. Activities included a visit to Nature World. Interacting with the animals was a highlight for many. Walks through the town of Bicheno,

numerous games followed by wonderful meals. A big thank you to Megan, Paul and Carolyn for supporting our guys while away on the Camp. The staff stated how lovely it was to see everyone so happy and socialising with others from our community.

The Silent Art Auction was another great success. Many of our participants sold a number of pieces and a great evening was had by all. Thank you to all those involved to make this wonderful night happen.

Everyone is settling in for the winter making pumpkin soup thanks to Ade for bringing in around 50 pumpkins!

Louise Frankcombe, Team Leader



Youth Break - Respite

The recent months have seen Youth Break participants attend the 100 year celebration of women in the police force held at Camp Clayton. This saw participants take part in the many activities on offer, everyone told me they had a ball.

We have also celebrated Easter with an egg hunt at Huntsman's Lake and Mother's Day with a cooking and craft day to give to the special mums in our lives.

This year we were fortunate to again take part in the Cars For Kids day which saw our young men being able to ride in not only some Targa cars but also vintage and hot rods. This year the event was held at the car museum which also offered free

entry, so even though the weather was not the best everyone had a great day.

The wet months have seen the Youth Break participants having to explore other options such as movie days in Desmond Wood, making homemade pizzas, museum trips plus 10 pin bowling competitions to name just a few.

We are looking forward to brainstorming more activities to do during the coming winter months and to sharing these with you next time.

Megan Thomas, Team Leader

Please contact Megan Thomas if you would like to know how to access the Youth Break Program



Kenneth Court - Supported Accommodation

Kenneth court Participants have had a very relaxing two months from attending an over 50's mother's day function in Ravenswood to watching movies at Village Cinemas.

Nick got a lot of satisfaction out of looking for and budgeting, as well as purchasing his mums mother's day present.

Stephen has been having a great time playing puzzles and Uno whilst out and about with friends

With winter upon us the participants are looking at belly warming recipes and indoor activities. Andrew, Nick and Stephen recently had a movie night where they enjoyed each other company while having a cold beverage and snacks. All four participants have been enjoying going to Crossroads

and attending Speakout.

Nick is looking forward to next month for footy night so he can dress up in his Essendon gear. AFL player Jessie Loneragan of the Gold Coast Suns recently visited Social Club and everyone enjoyed having a kick of the footy with him.

The participants are excited about the craft activities they have been doing at both day Placement and York Place, bringing the end result home for all to admire.

I am looking forward to seeing what the Next two months bring and watching the participants achieve goals and improve their skills along the way.

Nathan Avery, Team Leader



Hawthorn St - Supported Semi-Independent Living

Now that weather is getting a bit colder, the participants won't let that stop them from enjoying activities outdoors.

The participants take every opportunity to go somewhere new and to try new things such as fishing, or even travel to Low Head to catch squid for dinner. Our enthusiastic group enjoy some relaxing time out in nature.

All participants have shown an interest in professional wrestling and attended the wrestling show at the Elphin Sports Center last month.

George has finished and passed his cooking class and now has a qualification to frame on his wall. George is always keen to use the skills he has learnt, to cook

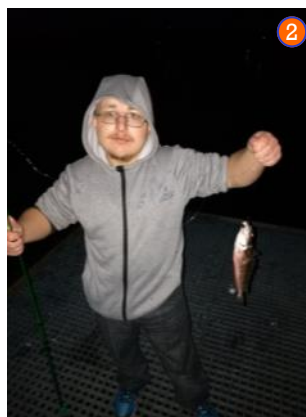
some amazing meals. Everyone has been enjoying George's cooking which warms the insides now the weather is getting a bit colder.

During the week the participants attend TAFE and WISE employment, while utilising every moment available to enjoy life.

Some of the participants have started football training with New Horizons, so to keep fit and healthy we have started running the zigzag track in the Cataract Gorge, and Punchbowl Reserve, taking some bread for the ducks at the half-way rest stop.

Abigail Theobald, Team Leader Hawthorn

Vacancy - 1 brm see p10 for details



St Michaels - At a glance

St Michaels Association Inc. is a not-for-profit non-government organisation providing accommodation and support to people with intellectual and physical disabilities for over 50 years.

The vision of St Michaels is to *develop independence through maximising the individual qualities of Tasmanians*

living with a disability.

Our Mission is to *support the physical and emotional needs of our clients and their families through the provision of personalised care programs, training and a variety of accommodation services*

St Michaels relies heavily on grants, local community support, do-

nations and fund raising to meet our clients needs.

All proceeds received are redistributed back into the St Michaels Association Inc. community.

If you feel you would like to make a donation, please contact Rod Campbell on 6331 7651 or complete the form

see page 14 and forward it to Rod.Campbell@stmichaels.asn.au or post it to PO Box 306 Newstead, Tas. 7250

Thanking you for your consideration.

Audit + Assurance

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Luke Salmon M: 0407 131 686
E: luke@salmonaccounting.com.au

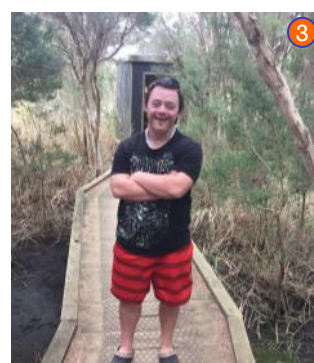
Wellington St - Supported Semi-Independent Living

Our two residents are well settled in their new home.

Each person has a different story and experiences they bring with them, but by finding common ground and by working hard together they've created a positive and supportive atmosphere for each other.

I'm sure they are proud of their achievements, lifestyle and opportunities they have as a result of their efforts.

Ben Anderson, Team Leader



St Michaels - Call for memberships

St Michaels Association Inc. has been serving the Tasmanian Community for over 50 years through the provision of care and accommodation services to those living with an intellectual and or physical disability.

St Michaels is calling for new members to join this innovative and trusted organisation.

There are 2 types of Memberships that are available including;

Member - full voting rights, cost \$25 pa.

Associate - non voting rights, cost \$10 pa.

Other benefits of being a St Michaels Association Member include invitations to St Michaels AGM and functions, personalised calendars and being on the mailing list of the bi



monthly newsletter, The Independent.

If you would like to become a Member of St Michaels Association

please contact John Gilpin for a membership form on 6331 7651.

Contact John Gilpin today on 6131 7651 to discuss your membership

Accommodation Vacancies

There are currently 3 vacancies available across our accommodation services.

Accommodation services are located in the broader community.

Services provided in this type of accommodation program incorporate assisting with and or supervising tasks of daily life in developing the skills of an individual with either low or high needs to live autonomously as possible. Accommodation programs operate 7 days a week.

If you would like to obtain more information on how you can apply for our accommodation services please contact Donald Richards - Manager—Participants and Co-ordinator of Supports on 6131 7651.



Hawthorn House

A semi independent accommodation program, available for 4 young people between the age of 18 to 25 who are funded through the NDIS.

Located on a flat block with easy access, close to transportation, shops, medical services and pharmacies

Hours - Sleep over only Mon-Fri 3 pm to 9 am. Sleep over and day support Fri 3 pm to Mon 9 am.

4 bedroom plus 1 office, split level accommodation.



Como

Supported accommodation program, available for 4 people between the ages of 18 to 25 who are funded through the NDIS.

Located on a large flat block with easy access, barbecue, outdoor area, close to transportation, shops, medical services and pharmacies.

Hours - Sleep over only Mon-Fri 3 pm to 9 am. Sleep over and day support Fri 3 pm to Mon 9 am.

4 bedroom plus 1 office, split level accommodation.



Penquite

Supported accommodation program, available for 5 people between the ages of 35 to 65 who are funded through the NDIS.

Located on a flat block with easy access, close to transportation, shops, medical services and pharmacies.

Hours - Sleep over only Mon-Fri 3 pm to 9 am. Sleep over and day support Fri 3 pm to Mon 9 am.

5 bedroom plus 1 office, ground level accommodation.

Our Assets - Update

As we continue to grow so does our asset base including the vehicle fleet, furniture items for our home projects, computers and electronic components all of which help us keep up with the needs of today. The Association is growing and evolving into a leader in the field of disability care and it's a great place full of great people.

St Michaels vehicle fleet represents a substantial investment to the Association. The team are working hard to ensure the fleet is well maintained and kept in top working condition. Please ensure that you report any damage so we can have it repaired as soon as possible.

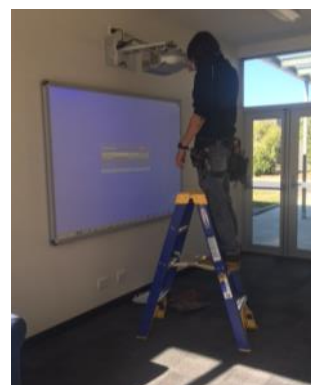
The area along the front boundary near Hoblers bridge Rd was recently purchased and is now looking very neat and tidy now that it has been cleared. This helps create a great impression of a clean and well maintained facility.

We can all help by keeping the facility tidy & a great place by keeping the grounds clear of rubbish, keeping a watchful eye for undesirable people or anything which may not seem right day or night. Please speak up & advise staff if you think that something is not as it should be.

Tenants please make sure that your rubbish bins are taken out and collected on time, that

you check and empty your letter box and keep your home tidy as every little bit helps!

We have a great system in place for monitoring the fire alarms to keep everyone safe. This system is monitored by Tasmanian Fire Service and is checked each month to ensure that it does what it is expected to do in case of an emergency. We also need to be ready for emergencies, we do this by conducting regular fire evacuation drills in the different areas. This month we will be conducting a fire evacuation drill from units 25 to 44. Everyone who lives in these units will shortly receive a notice of this drill.



The interactive white board has now been setup in the Merrington Centre. This will be a fantastic learning aid for both staff and participants.

Paul Westgarth, Asset Supervisor

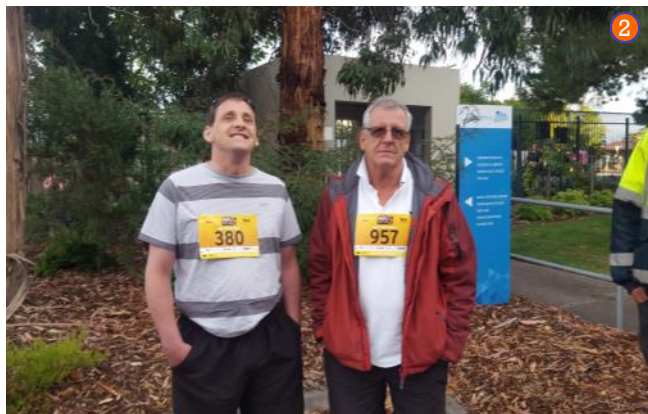
Things we do...



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Would you like a copy of a photo? **See P14** for details

Things we do...



Would you like a copy of a photo? **See P14** for details

Healthy Lifestyle Recipes



Fettuccine Boscaiola

It is light, tasty and has loads of mushrooms. This recipe is low in saturated fat, sodium and a good source of protein.

Ingredients:

200g Fettuccine
1 onion, sliced
1 tbsp. olive oil
3 cloves garlic, crushed
3 short cut bacon slices, all fat removed
¼ chorizo
200g Mushrooms
1 can evaporative milk, light n creamy
2 tbsp. fresh parsley, chopped
2 tbsp. fresh dill, chopped
½ Small Lemon Zest
S & P to taste

Instructions:

Boil a large pot of water for your pasta, keep simmering until ready.

In a large pan sauté onion in the olive oil on med heat for 5 mins, keep stirring.

Add diced bacon and

chorizo, cook a further 5 mins, stirring.

Add pasta to boiling water.

Back to pan, add sliced mushrooms, stirring a further 5 mins.

Add garlic, stir 30 seconds.

Add water, scrapping pan for anything stuck. Simmer a further 3 mins then add the Evaporative milk. Season with lots of cracked pepper and if required some salt. Simmer until pasta is ready.

Once pasta ready add to pan, incorporate with all ingredients, and add fresh dill and parsley.

Add zest of lemon and if needed some more cracked pepper.

Serve immediately.



Yoghurt Muesli Cups

This is a lovely healthy way to start the day. Easy and quick to prepare so no excuse for missing breakfast.

You can jazz up the yoghurt with a pinch of cinnamon or even vanilla for a dessert.

Ingredients:

100g Greek Yoghurt
40g Muesli (we used Carmen's)
20g fresh blueberries
20g fresh raspberries

Instructions:

In a small glass layer half your yoghurt then muesli and top with remaining yogurt.

Sprinkle your fresh berries on top and enjoy!

Contact Details

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www.stmichaels.asn.au

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Expiry Date:

Card Holder: Signature.....

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Donations

Tax Tip

"even a \$2 donation can be used as a tax deduction!"

Yes, I would like to make a tax deductible gift to St Michaels Association Inc.

☐ \$5 ☐ \$25 ☐ \$50 ☐ \$75 ☐ \$100 ☐ \$1000 ☐ \$2500 ☐ \$5000 ☐ Other.....

☐ 1 time contribution

☐ Ongoing contribution ☐ Monthly x months ☐ Quarterly x years ☐ Annual x years

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Credit Card ☐ Visa ☐ Mastercard Card Number

Expiry Date:

Card Holder: Signature.....

☐ Yes, please contact me to discuss other ways I may be able to help St Michaels Association

Details

Mr/Mrs/Ms/Miss First Name..... Surname.....

Address..... Suburb..... Postcode.....

Phone:..... Mobile:..... Email:.....

Services offered at St Michaels - All NDIA Registered Supports

Community Access - participate in community, social and civic activities

The program incorporates support to enable a participant to independently engage in community, social and recreational activities during the week and operates from 9 to 3 pm Monday to Friday from our City and Hobblers Bridge Road, Newstead Campuses.

Merton House - (transitional housing) assistance with daily life tasks in a group or shared living arrangement

Support incorporates assistance with and/or supervising tasks of daily life in a shared living environment, which is either temporary or ongoing, with a focus on developing the skills of each individual to live as autonomously as possible. The support is based on the needs and goals of the individual.

This program operates from our transitional accommodation facility from 3.00 pm to 9.00 am Monday to Friday and 24 hours Saturday and Sunday.

In Home Tenancy Support - assistance with self-care activities.

Supports provide assistance with and/or supervising, personal tasks of daily life to develop skills of the participant to live as autonomously as possible. This program operations 7 days a week.

Group Homes - shared accommodation Services

Currently there are three group homes located in the broader community. Services

provided incorporate assisting with and/or supervising tasks of daily life to develop the skills of an individual with either low standard support or high needs to live autonomously as possible. This program operates 7 days a week.

Student Accommodation - short term accommodation

This program is for students from remote areas. Services provided include integrated support for self-care, accommodation, food & activities for short periods. Program operates from Sunday evening to Friday morning during school terms.

Youthbreak - (respite accommodation)

This program is a respite program provided to young people from the ages of 15-25 and operates out of the Desmond Wood Complex from 4 pm Friday to 4 pm Sunday. Conditions apply for eligibility.

Individual Support - 1 on 1 support

This type of support is specific to the needs of the individual, and may include enabling a participant to independently engage in community, social and recreational activities, personal care, educational assistance, living and life skills. Support can be provided 24/7 365 days a year and can be delivered in home or at St Michaels.

Our Home - shared accommodation Services

Currently there are two Our Home facilities located in the broader community. Services provided incorporate minimal assistance in meeting daily life re-

quirements and to develop the skills of an individual with standard support needs to live autonomously as possible. This program operates 7 days a week.

Social Club

Social Club is held in the hall at St Michaels every Saturday Night from 6.00 pm to 9.30 pm. This is a time for clients to get together for a meal, socialise and engage in leisure activities of their choice such as card or board games, singing, dancing or enjoying a footy match on TV with a friend.

Independent Living Units

The 44 Independent Living Units are currently fully occupied with a tenant/landlord agreement in place. The units provide independent living in a safe, supported environment. The units are more suited to clients with higher skills, requiring minimal assistance and can incorporate assistance with self-care activities (see In Home Tenancy Support).

Please note there is a specific criteria that is required to be eligible for this service.

Contact

If you are interested in any of the innovative programs please contact Donald Richards

Disability Manager Participants and Clients on 6331 7651.

Registered Training Organisation (60067)

St Michaels is a Skills Tasmania Endorsed RTO providing accredited training for Tasmanians with a disability.

On-the job traineeships, Workplace based skills sets and classroom based training in Certificate I and II in Warehousing Operations, Certificate I in Agri-Food Operations and Certificate II in Horticulture are delivered across the state in various locations.

Please contact Chriss Kelly for further information on your training needs on 6331 7651.

Details

The Independent is distributed electronically on a bi-monthly basis. Hardcopies can be found on our website and or can be posted.

General Display and Classified Display Advertising space is available if you would like to advertise your business.

Please contact Rod Campbell on 6331 7651

Contact Details

St Michaels Association Inc.

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